



Société libanaise de dermatologie
 Lebanese Society of Dermatology
 الجمعية اللبنانية لأطباء الأمراض الجلدية

INFORMED CONSENT FOR LASER HAIR REMOVAL



I, understand that I will be treated with laser for hair removal by Dr. or his designated staff.

GENERAL INFORMATION:

- LASER HAIR REMOVAL is a non-invasive treatment designed to remove unwanted hair from all parts of the body. The laser device emits pulses of light energy that penetrate the skin and destroy hair follicles while the device's hand piece cools the surrounding skin. You will be required to wear protective eye glasses during the procedure to protect your eyes from the laser light.
- Treatment of dark coarse hair generally achieves the best results while removal of light fine hair generally requires additional treatments which may or may not be successful. The laser may not be effective on blond or gray hair. Some patients also may experience partial results depending on individual skin type, hormonal levels and hereditary influences.
- Treatment generally involves a series of sessions. **Ideal (light skin/dark hair) candidates can usually achieve 65%-90% reduction with a series of 6 sessions.** Thicker skinned areas such as men back, face or neck usually require more than 6 sessions and usually achieve only partial reduction or hair thinning.

RISKS AND POSSIBLE COMPLICATIONS ARE RARE AND INCLUDE:

- Temporary **reddening, burning, swelling, bruising or discoloration of the skin** over the treated area.
- **Burns, crusts or blisters** of the area exposed to laser, which may take several days to heal.
- **Hyperpigmentation** (darkening of the skin) or **hypopigmentation** (lightening of the skin), which may take several months to fully resolve.
- **Infection:** Activation of **cold sores** (Herpes simplex virus), **folliculitis** (infection of the hair follicle) which may take several days to resolve.

INSTRUCTIONS:

- PRE-TREATMENT: AVOID: tanning for 8 weeks, waxing for 3 weeks, irritant creams for one week, oral treatment with isotretinoin (although isotretinoin treatment is not an absolute contra-indication).
- POST-TREATMENT: The treated area may be red with swelling of the skin around each treated hair. This will fade within 2-3 days.
 Wash normally with mild soap and water. Avoid irritant creams, jacuzzi, sauna and steam baths until the skin is back to normal. Avoid direct sun exposure for at least 2 weeks.

This list is not meant to be inclusive of all possible risks associated with laser hair removal as there are both known and unknown side effects associated with any medication or procedure.

It is important that you read the above information carefully and have all of your questions answered before signing the consent.

Patient or Guardian's name: Patient or Guardian's signature: Date:/...../.....
 Physician's name: Staff member: Date:/...../.....